Kavita Malstead

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**EDUCATION**

**Master of Gastronomy: World Food Cultures and Mobility** Current Candidate

University of Gastronomic Sciences, *Pollenzo, Italy*

**Bachelor of Arts in English**, *magna cum laude*Graduated May 2019

Studio Arts Minor Major GPA: 3.96

Berea College, *Berea, KY* Cumulative GPA: 3.87

Santa Reparata International School of Art, *Florence, Italy*  August 2016-December 2016

Clayton State University, *Peachtree City, GA* January 2015-May 2015

**SCHOLARSHIPS, AWARDS AND HONORS**

James Beard Foundation National Scholars Award, *James Beard Foundation, 2021*

Published Paper “Negotiating the Borders of the Indian Diasporic Identity”, *Postcolonial Interventions, 2019*

William Taylor Center Memorial Award, *Berea College, 2019*

Class of 1942 Scholarship, *Berea College, 2019*

Francis S. Hutchins Creative Art Award, *Berea College, 2018 & 2019*

Emily Ann Smith Scholarship, *Berea College, 2018 & 2019*

Florence Prize for Essays, *Berea College, 2018*

Phi Kappa Phi Honor Society Member, *Berea College, 2017-present*

Berea College Dean’s List, *2015-2019*

Berea College Tuition Promise Scholarship Recipient, *Berea College, 2015-2019*

**PROFESSIONAL EXPERIENCE**

**Culinary Arts Teaching Assistant** January 2020-August 2021

Ivy Street School, *Boston, MA*

* Taught culinary and social skills to students with learning and behavioral disabilities in an effort to transition students into a life of autonomy.
* Cooked meals for 50 students and 50 staff daily, providing for student’s individualized nutrition needs.

**Teacher’s Assistant** August 2018-May 2019

Berea College General Studies Department**,** *Berea, KY*

* Collaborated in teaching 30 students by creating quizzes and grading assignments, including independently teaching class on 5 occasions when professor was absent.
* Provided bi-weekly academic and mentorship support for a total of 85 hours, which led to all 30 students passing the class, 29 of whom continued their education with the college.

**Baker and Kitchen Assistant**  January 2018-December 2018

Berea College Farm Store, *Berea, KY*

* Baked artisan breads and other sweet goods showcasing local and organic ingredients.

**Program Development Intern** May 2018-July 2018

FoodChain, *Lexington, KY*

* Spearheaded a new program providing discount local and organic crops to communities in a food desert, resulting in 46 bags of produce sold over a period of 6 weeks.
* Independently planned curriculum for cooking classes targeted at children aged 9-12 and teenagers aged 14-18, and taught 2 hour long cooking classes 3 times.
* Coordinated direct community outreach through the advertisement of FoodChain’s programs, reaching over 300 families per week.

**Skilled Weaver** August 2017-May 2018

Berea College Fireside Weaving,*Berea, KY*

* Created and wove quality products on 5 different looms for sale through Berea College to generate income for the Tuition Promise Scholarship, contributing to the free tuition of future students.
* Participated in team oriented labor by engaging in critical thinking and problem solving tasks involving the many processes of weaving and sharing expertise with other weavers to meet production goals.

**COMMUNITY ENGAGEMENT**

**Volunteer Assistant Designer** June 2019-July 2019

Ruhamah Designs, *Kolkata, WB, India*

* Co-orchestrated an intensive workshop training of 8 employees in artisan product design to provide a viable job and wage for survivors of sex-trafficking.

**Volunteer Cook** January 2019-May 2019

Spiritual Seekers, Berea College, *Berea, KY*

* Organized and cooked weekly meals inspired by global cuisines for an average of 40 people who attend Spiritual Seekers—a campus group dedicated to interfaith learning; resulting in increased participation.

**Craft Outreach Team Member** May 2017-August 2017

Berea College Visitor Center and Shoppe,*Berea, KY*

* Facilitated craft outreach events such as craft workshops for underserved regions of Appalachia and supervised a summer art camp which provided 30 children with the opportunity to learn about craft.